



*Prayer
Worksheets*

How to use these prayer worksheets:

A suggestion is to use one sheet for a whole week or more. Add to it as the week goes on and pray through it each day, taking time to meditate on the verses provided. A blank sheet and the verses used plus extra ones are included if you want to cut and paste or choose your own verses.

Worship:

When we are praying to God, we may want to take a few moments to consider who God is, and to form in ourselves a feeling of reverence or adoration for Him. In Isaiah 29:13 God speaks about people who honor Him with their lips, but their heart is not involved. Worship is a recognition of who God really is, and not just who we imagine Him to be, and also a understanding of His worth (worth-ship).

Addressing God:

I was taught as a child to pray "Dear God", and often I still do, but it is interesting to look through the Psalms and see the different ways that God is addressed. Perhaps it can help us to think of God in a different way or from a different perspective than what we are used to.

Thanksgiving:

In order to really give thanks, we have to think about what we are thankful for. It doesn't take much effort at all to complain, but taking time to take note of the things we have to be thankful brings a realization of how blessed we really are. Write a couple thank-yous down every day.

Petition:

God wants us to ask Him for the things that we need or desire. The process of asking may help us to sort out what is according to His will and what needs to be let go of. The process of asking may also help us to trust God to look after it so that we can get on with other things. Write down your needs, your family's needs, decisions you need help making, questions that you are not sure about. Write down the people you need to pray for - your neighbours, your church family, friends, workmates, missionaries, people around the world.

Confession:

We are all far from perfect and recognizing this, and being honest with our failures is how we move forward. As long as we pretend there is nothing wrong with us, we are unable to get ourselves going in the right direction. Confession is a word that in the Bible is also used for worship or praise - it is the idea of pointing to God as the ideal, and putting ourselves in the proper place of humility before Him. What sins are you struggling with right now. Take time to examine your life.

Jesus:

When we are praying, it is proper to remember that Jesus is the means by which we are able to approach the Father. His life changed everything. It is for this reason that we pray through him. And especially when we remember our failures and struggles, it is encouraging to be reminded that we are forgiven through him.

Praise:

Praising God is a little different than worship. While worship is perhaps meant to humble us, praise is meant to magnify God. Praise is from a word that means to shine or make a show - it is celebrating or boasting about God. When we praise Him, we bring attention to His greatness and make Him great to those around us.

Worship

O come, let us worship and bow down:
let us kneel before the LORD our maker.
For he is our God, and we are the
people of his pasture.

Psalms 95:6

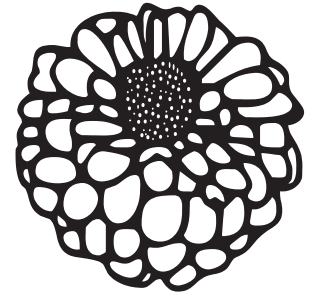
Date: _____

Answer me when I call, O God of my
righteousness! You have given me relief
when I was in distress. Be gracious
unto me and hear my prayer!

Psalms 4:1

Addressing God

Thank yous:



Thanksgiving

Give thanks to the LORD, for he is
good, for his steadfast love endures
forever.

Psalms 136:1

Petition

Whatsoever ye shall ask the Father in my
name, he will give it you. Hitherto have ye
asked nothing in my name: ask, and ye shall
receive, that your joy may be full.

John 16:23-24

Confession

Prove me, O LORD, and try me; test my
heart and my mind. For your steadfast love
is before my eyes, and I walk in your
faithfulness.

Psalms 26:2-3

Requests:

Struggles:

People:

Jesus

But if anyone does sin, we have an advocate
with the Father, Jesus Christ the righteous. He
is the propitiation for our sins, and not for ours
only but also for the sins of the whole world.

1 John 2:1-2

Praise

To the King of the ages, immortal,
invisible, the only God, be honor and
glory forever and ever. Amen.

1 Timothy 1:17

The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength.

Isaiah 40:28-29

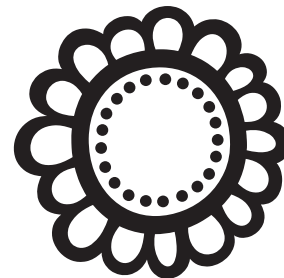
Date: _____

Lord, thou hast been our dwelling place in all generations. Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

Psalms 90:1-2

Addressing God

Thank yous:



I will praise the name of God with a song; I will magnify him with thanksgiving. This will please the LORD more than an ox or a bull with horns and hoofs.

Psalms 69:30-31

Offer to God a sacrifice of thanksgiving, and perform your vows to the Most High, and call upon me in the day of trouble; I will deliver you, and you shall glorify me.

Psalms 50:14-15

Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Let me hear joy and gladness; let the bones that you have broken rejoice.

Psalms 51:7-8

Requests:

Struggles:

People:

More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5:11

Then our mouth was filled with laughter, and our tongue with shouts of joy; then they said among the nations, "The LORD has done great things for them."

Psalms 126:2

Worship

Who is like you, O LORD, among the gods?
Who is like you, majestic in holiness, awe-
some in glorious deeds, doing wonders?

Exodus 15:11

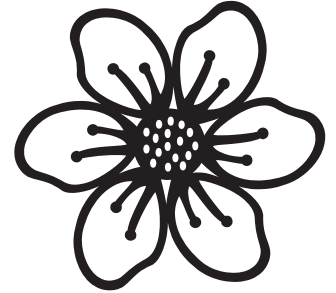
Date: _____

Give ear to my words, O LORD,
consider my meditation. Hearken unto
the voice of my cry, my King and my
God; for unto thee will I pray.

Psalms 5:1

Addressing God

Thank yous:



Thanksgiving

But this I call to mind, and therefore I have hope:
The steadfast love of the LORD never ceases;
his mercies never come to an end; they are new
every morning; great is your faithfulness.

Lamentations 3:21-23

Petition

If you abide in me, and my words abide
in you, ask whatever you wish, and it will
be done for you.

John 15:7

Confession

Against you, you only, have I sinned and done
what is evil in your sight, so that you may be
justified in your words and blameless in your
judgment.

Psalms 51:4

Requests:

Struggles:

People:

Jesus

For our sake he made him to be sin who
knew no sin, so that in him we might
become the righteousness of God.

2 Corinthians 5:21

Praise

Praise the LORD, all nations! Extol him, all
peoples! For great is his steadfast love
toward us, and the faithfulness of the LORD
endures forever. Praise the LORD!

Psalms 117:1-2

Worship

But the LORD is the true God, he is the living God, and an everlasting king: at his wrath the earth shall tremble, and the nations shall not be able to abide his indignation.

Jeremiah 10:10

Date: _____

Bless the LORD, O my soul, O LORD my God, thou art very great; thou art clothed with honour and majesty.

Psalms 104:1

Addressing God

Thank yous:



Thanksgiving

He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. You will be enriched in every way to be generous in every way, which through us will produce thanksgiving to God.

1 Corinthians 9:10-11

Petition

Oh, magnify the LORD with me, and let us exalt his name together! I sought the LORD, and he answered me and delivered me from all my fears.

Psalms 34:3-4

Confession

For you, O Lord, are good and forgiving, abounding in steadfast love to all who call upon you.

Psalms 86:5

Requests:

Struggles:

People:

Jesus

Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men.

Romans 5:18

Praise

Oh, how abundant is your goodness, which you have stored up for those who fear you and worked for those who take refuge in you, in the sight of the children of mankind!

Psalms 31:19

Worship

O LORD God of hosts, who is mighty as you are, O LORD, with your faithfulness all around you? You rule the raging of the sea; when its waves rise, you still them.

Psalms 89:8-9

Date: _____

O LORD our Lord, how excellent is thy name in all the earth! who set thy glory above the heavens.

Psalms 8:1

Addressing God

Thank yous:



Thanksgiving

The LORD is my chosen portion and my cup; you hold my lot. The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance.

Psalms 16:5-6

Devotion

Delight yourself in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him, and he will act.

Psalms 37:4-5

Confession

When I look at your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, and the son of man that you care for him?

Psalms 8:3-4

Requests:

Struggles:

People:

Isaiah

But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.

Isaiah 53:5

Praise

Make a joyful noise to the LORD, all the earth! Serve the LORD with gladness! Come into his presence with singing!

Psalms 100:1-2

Worship

LORD, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar.

Psalms 139:1-2

Date: _____

I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the LORD, which made heaven and earth.

Psalms 121:1

Addressing God

Thank yous:



Thanksgiving

For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, for it is made holy by the word of God and prayer.

1 Timothy 4:4-5

Petition

The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace.

Numbers 6:24-26

Confession

He will not always chide, nor will he keep his anger forever. He does not deal with us according to our sins, nor repay us according to our iniquities.

Psalms 103:9-10

Requests:

Struggles:

People:

Jesus

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ.

Ephesians 2:13

Praise

And the ransomed of the LORD shall return and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain gladness and joy, and sorrow and sighing shall flee away.

Isaiah 51:11

Worship

Date: _____

Thank yous:

Addressing God

Doodle

Thanksgiving

Petition

Confession

Requests:

Struggles:

People:

Jesus

Praise

Worship:

When we are praying to God, we may want to take a few moments to consider who God is, and to form in ourselves a feeling of reverence or adoration for Him. In Isaiah 29:13 God speaks about people who honor Him with their lips, but their heart is not involved. Worship is a recognition of who God really is, and not just who we imagine Him to be, and also a understanding of His worth (worth-ship).

(Col. 1) Psalm 95:6; Exodus 15:11; Psalm 89:8-9; Psalm 86:9-10; Deuteronomy 32:4; Isaiah 55:8-9
(Col. 2) Isaiah 40:28-29; Jeremiah 10:10; Psalm 139:1-2; 50:1-2; Deuteronomy 32:39; Isaiah 45:18

O come, let us worship and bow down:
let us kneel before the LORD our maker.
For he is our God, and we are the
people of his pasture.

The LORD is the everlasting God, the Creator
of the ends of the earth. He does not faint or
grow weary; his understanding is unsearch-
able. He gives power to the faint, and to him
who has no might he increases strength.

Who is like you, O LORD, among the gods?
Who is like you, majestic in holiness, awe-
some in glorious deeds, doing wonders?

But the LORD is the true God, he is the living God,
and an everlasting king: at his wrath the earth
shall tremble, and the nations shall not be able to
abide his indignation.

O LORD God of hosts, who is mighty as you
are, O LORD? with your faithfulness all around
you? You rule the raging of the sea; when its
waves rise, you still them.

LORD, you have searched me and known
me! You know when I sit down and
when I rise up; you discern my thoughts
from afar.

All the nations you have made shall come and
worship before you, O Lord, and shall glorify
your name. For you are great and do
wondrous things; you alone are God.

The Mighty One, God the LORD, speaks and
summons the earth from the rising of the
sun to its setting. Out of Zion, the perfection
of beauty, God shines forth.

He is the Rock, his work is perfect: for
all his ways are judgment: a God of
truth and without iniquity, just and
right is he.

See now that I, even I, am he, and there is
no god beside me; I kill and I make alive; I
wound and I heal; and there is none that can
deliver out of my hand.

For my thoughts are not your thoughts,
neither are your ways my ways, declares the
LORD. For as the heavens are higher than the
earth, so are my ways higher than your ways
and my thoughts than your thoughts.

For thus says the LORD, who created the heav-
ens (he is God!), who formed the earth and made
it (he established it; he did not create it empty,
he formed it to be inhabited!): "I am the LORD,
and there is no other.

Addressing God:

I was taught as a child to pray "Dear God", and often I still do, but it is interesting to look through the Psalms and see the different ways that God is addressed. Perhaps it can help us to think of God in a different way or from a different perspective than what we are used to.

Col. 1: Psalm 4:1; Psalm 5:1; Psalm 8:1; Psalm 25:1; Psalm 61:1,2; Psalm 80:1

Col. 2; Psalm 90:1.2; Psalm 104:1; Psalm 121:1,2; Psalm 123:1; Psalm 130:1; Isaiah 37:16

Answer me when I call, O God of my righteousness! You have given me relief when I was in distress. Be gracious unto me and hear my prayer!

Lord, thou hast been our dwelling place in all generations. Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

Give ear to my words, O LORD, consider my meditation. Harken unto the voice of my cry, my King and my God; for unto thee will I pray.

Bless the LORD, O my soul, O LORD my God, thou art very great; thou art clothed with honour and majesty.

O LORD our Lord, how excellent is thy name in all the earth! who set thy glory above the heavens.

I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the LORD, which made heaven and earth.

Unto thee, O LORD, do I lift up my soul. O my God, I trust in thee: let me not be ashamed, let not mine enemies triumph over me.

Unto thee I lift up mine eyes, O thou that dwellest in the heavens.

Hear my cry, O God, attend unto my prayer...when my heart is overwhelmed, lead me to the rock that is higher than I.

Lord, hear my voice: let thine ears be attentive to the voice of my supplications.

Give ear, O Shepherd of Israel, thou that leadest Joseph like a flock; thou that dwellest between the cherubims, shine forth.

O LORD of hosts, God of Israel, that dwellest between the cherubims, thou art the God, even thou alone, of all the kingdoms of the earth; thou hast made heaven and earth.

Thanksgiving:

In order to really give thanks, we have to think about what we are thankful for. It doesn't take much effort at all to complain, but taking time to take note of the things we have to be thankful brings a realization of how blessed we really are.

Col. 1: Psalm 136:1; Lamentations 3:21-23; Psalm 16:5-6; Psalm 73:25-26; Psalm 147:7-8; Psalm 65:5-8

Col. 2: Psalm 69:30-31; 2 Corinthians 9:10-11; 1 Timothy 4:4-5; Psalm 52:9; Psalm 107:8-9; Psalm 28:7

Give thanks to the LORD, for he is good, for his steadfast love endures forever.

I will praise the name of God with a song; I will magnify him with thanksgiving. This will please the LORD more than an ox or a bull with horns and hoofs.

But this I call to mind, and therefore I have hope: The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.

He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. You will be enriched in every way to be generous in every way, which through us will produce thanksgiving to God.

The LORD is my chosen portion and my cup; you hold my lot. The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance.

For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, for it is made holy by the word of God and prayer.

Whom have I in heaven but you? And there is nothing on earth that I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

I will thank you forever, because you have done it. I will wait for your name, for it is good, in the presence of the godly.

Sing to the LORD with thanksgiving; make melody to our God on the lyre! He covers the heavens with clouds; he prepares rain for the earth; he makes grass grow on the hills.

Let them thank the LORD for his steadfast love, for his wondrous works to the children of man! For he satisfies the longing soul, and the hungry soul he fills with good things.

By awesome deeds you answer us with righteousness, O God of our salvation, the hope of all the ends of the earth and of the farthest seas.

The LORD is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.

Petition:

God wants us to ask Him for the things that we need or desire. The process of asking may help us to sort out what is according to His will and what needs to be let go of. The process of asking may also help us to trust God to look after it so that we can get on with other things.

Col. 1: John 16:23-24; John 15:7; Psalm 37:4-5; 1 John 5:14-15; 1 John 3:21-22; Psalm 10:17-18

Col. 2: Psalm 50:14-15; Psalm 34:3-4; Numbers 6:24-26; Philippians 4:6-7; Matthew 6:32-33; Romans 15:13

Whatsoever ye shall ask the Father in my name, he will give it you. Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full.

Offer to God a sacrifice of thanksgiving, and perform your vows to the Most High, and call upon me in the day of trouble; I will deliver you, and you shall glorify me.

If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you.

Oh, magnify the LORD with me, and let us exalt his name together! I sought the LORD, and he answered me and delivered me from all my fears.

Delight yourself in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him, and he will act.

The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace.

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Beloved, if our heart does not condemn us, we have confidence before God; and whatever we ask we receive from him, because we keep his commandments and do what pleases him.

For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.

O LORD, you hear the desire of the afflicted; you will strengthen their heart; you will incline your ear to do justice to the fatherless and the oppressed, so that man who is of the earth may strike terror no more.

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

Confession:

We are all far from perfect and recognizing this, and being honest with our failures is how we move forward. As long as we pretend there is nothing wrong with us, we are unable to get ourselves going in the right direction. Confession is a word that in the Bible is also used for worship or praise - it is the idea of pointing to God as the ideal, and putting ourselves in the proper place of humility before Him.

Col. 1: Psalm 26:2-3; Psalm 51:4; Psalm 8:3-4; Job 4:25-26; Isaiah 26:8-9; Psalm 39:7-8

Col. 2: Psalm 51:7-8; Psalm 86:5; Psalm 103:9-10; Micah 7:18-19; Psalm 130:3-4; Isaiah 55:6-7

Prove me, O LORD, and try me; test my heart and my mind. For your steadfast love is before my eyes, and I walk in your faithfulness.

Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Let me hear joy and gladness; let the bones that you have broken rejoice.

Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment.

For you, O Lord, are good and forgiving, abounding in steadfast love to all who call upon you.

When I look at your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, and the son of man that you care for him?

He will not always chide, nor will he keep his anger forever. He does not deal with us according to our sins, nor repay us according to our iniquities.

I had heard of you by the hearing of the ear, but now my eye sees you; therefore I despise myself, and repent in dust and ashes.

Who is a God like you, pardoning iniquity and passing over transgression for the remnant of his inheritance?... He will again have compassion on us; he will tread our iniquities underfoot. You will cast all our sins into the depths of the sea.

In the path of your judgments, O LORD, we wait for you; your name and remembrance are the desire of our soul. My soul yearns for you in the night; my spirit within me earnestly seeks you.

If you, O LORD, should mark iniquities, O Lord, who could stand? But with you there is forgiveness, that you may be feared.

And now, O Lord, for what do I wait? My hope is in you. Deliver me from all my transgressions. Do not make me the scorn of the fool!

"Seek the LORD while he may be found; call upon him while he is near; let the wicked forsake his way, and the unrighteous man his thoughts; let him return to the LORD, that he may have compassion on him, and to our God, for he will abundantly pardon.

Jesus:

When we are praying, it is proper to remember that Jesus is the means by which we are able to approach the Father. His life changed everything. It is for this reason that we pray through him.

Col. 1: 1 John 2:1-2; 2 Corinthians 5:21; Isaiah 53:5; Romans 5:10; Romans 8:34; Hebrews 9:24
Col. 2: Romans 5:11; Romans 5:18; Ephesians 2:13; Galatians 3:28; Colossians 2:13-14; 1 John 1:7

But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only but also for the sins of the whole world.

More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men.

But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ.

For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus.

Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us.

And you, who were dead in your trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross.

For Christ has entered, not into holy places made with hands, which are copies of the true things, but into heaven itself, now to appear in the presence of God on our behalf.

ut if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

Praise:

Praising God is a little different than worship. While worship is perhaps meant to humble us, praise is meant to magnify God. Praise is from a word that means to shine or make a show - it is celebrating or boasting about God. When we praise Him, we bring attention to His greatness and make Him great to those around us.

Col. 1: 1 Timothy 1:17; Psalm 117:1-2; Psalm 100:1-2; Revelation 4:11; Psalm 92:4; Psalm 64:10
Col. 2: Psalm 126:2; Psalm 31:19; Isaiah 51:11; Isaiah 44:23; Psalm 78:18-19; Psalm 68:35

To the King of the ages, immortal,
invisible, the only God, be honor and
glory forever and ever. Amen.

Then our mouth was filled with laughter, and
our tongue with shouts of joy; then they said
among the nations, "The LORD has done great
things for them.

Praise the LORD, all nations! Extol him, all
peoples! For great is his steadfast love
toward us, and the faithfulness of the LORD
endures forever. Praise the LORD!

Oh, how abundant is your goodness, which you
have stored up for those who fear you and
worked for those who take refuge in you, in
the sight of the children of mankind!

Make a joyful noise to the LORD, all the
earth! Serve the LORD with gladness!
Come into his presence with singing!

And the ransomed of the LORD shall return and
come to Zion with singing; everlasting joy shall be
upon their heads; they shall obtain gladness and
joy, and sorrow and sighing shall flee away.

Worthy are you, our Lord and God, to receive
glory and honor and power, for you created
all things, and by your will they existed and
were created.

Sing, O heavens, for the LORD has done it; shout,
O depths of the earth; break forth into singing, O
mountains, O forest, and every tree in it! For the
LORD has redeemed Jacob, and will be glorified in
Israel.

For you, O LORD, have made me glad by
your work; at the works of your hands
I sing for joy.

Blessed be the LORD, the God of Israel, who
alone does wondrous things. Blessed be his glorious
name forever; may the whole earth be filled with
his glory! Amen and Amen!

Let the righteous one rejoice in the
LORD and take refuge in him! Let all the
upright in heart exult!

Awesome is God from his sanctuary;
the God of Israel—he is the one who
gives power and strength to his people.
Blessed be God!