



February
SPIRITUAL GARDENING CALENDAR

Compost



The addition of compost improves the quality of any type of soil and the nice thing about it is that it can be made right in your own backyard. All you need is the ingredients and a place to let them sit while they break down.

To make compost you simply make a pile of ingredients such as grass clippings or green garden waste, vegetable and fruit scraps, and leaves which you add to as materials become available. The you let it sit for a whole year or so to decay into lovely crumbly food for your soil.

It is important not to add diseased plant materials, weeds that have gone to seed, chemicals, or animals products such as meat, dairy, fat or grease because although they will decay, they may attract animals to your compost pile and introduce disease and weeds to your garden.

Compost is all about change. It takes dead things and turns them into something that gives life.

1. Ezekiel 11:19-20

2. 2 Corinthians 5:17

3. Galatians 6:15

4. Colossians 1:21-22

5. Colossians 3:9-11

6. 2 Timothy 2:11-13

7. Ephesians 4:22-24

8. 1 Peter 1:14-16

9. Romans 13:14

10. Galatians 3:26-28

11. Romans 6:4-6

12. Philippians 2:8-9

13. Isaiah 50:6-7

14. Hebrews 5:8-9

15. Hebrews 12:1-2

16. Hebrews 12:9-10

17. 2 Corinthians 4:16-18

18. Ephesians 2:14-15

19. 1 Peter 2:21-24

20. Isaiah 53:4-5

21. Romans 6:7-11

22. 1 Peter 4:1-2

23. Titus 2:12-14

24. Proverbs 15:31-33

25. 1 Corinthians 15:53-54

26. 1 Timothy 1:15-16

27. 1 John 4:9-10

28. Revelation 21:4-5

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

Send a note to someone (special anniversaries, someone I am praying for, someone I am thinking of):

the Sustainer

Bless the LORD, O my soul:
and all that is within me, bless his holy name.

Bless the LORD, O my soul, and forget not all his benefits:
Who forgiveth all thine iniquities;
who healeth all thy diseases;
who redeemeth thy life from destruction;
who crowneth thee with lovingkindness and tender mercies;
who satisfieth thy mouth with good things;
so that thy youth is renewed like the eagle's.

(Psalms 103:1-5 KJV)

praise

give thanks

recognize sin

ask for help

Wednesday Galatians 6:15

3 Daily Tasks

Thursday Colossians 1:21-22

4 Daily Tasks

Friday Colossians 3:9-11

5 Daily Tasks

Saturday 2 Timothy 2:11-13

6 Daily Tasks

humble

Hebrew “anah”: to oppress, to depress, to afflict

*And thou shalt remember all the way which the LORD thy God led thee these forty years in the wilderness, to humble thee, and to prove thee, to know what was in thine heart, whether thou wouldest keep his commandments, or no.
(Deuteronomy 8:2 KJV)*

**Take some time to ponder these facts
and how they may relate to humility in our spiritual life.**



In Creation there is no waste. Everything decomposes and continues in a cycle to nourish new life.



The organisms in compost release a sticky substance which binds soil particles into a crumbly texture and creates spaces for air and acts like a sponge to hold water.



Adding just 5% compost to soil can quadruple its capacity to hold water.



Compost is not fertilizer: it does not make plants grow, but it makes it possible for plants to grow when mixed with soil.



Compost helps to hold soil in place against rain and wind, helps to bring the pH of soil to neutral, makes soil more friable, and is conducive to microorganisms who make mineral content more available to plants.



Any water passing through compost will end up a little cleaner. It can bind toxins and prevent them migrating into water or being absorbed by plants.



Other facts:

meditation

A page for meditation notes. The page features a decorative border with rounded corners and a series of horizontal lines for writing. The word "meditation" is centered at the top of the page.

Wednesday Galatians 3:26-28

10 Daily Tasks

Thursday Romans 6:4-6

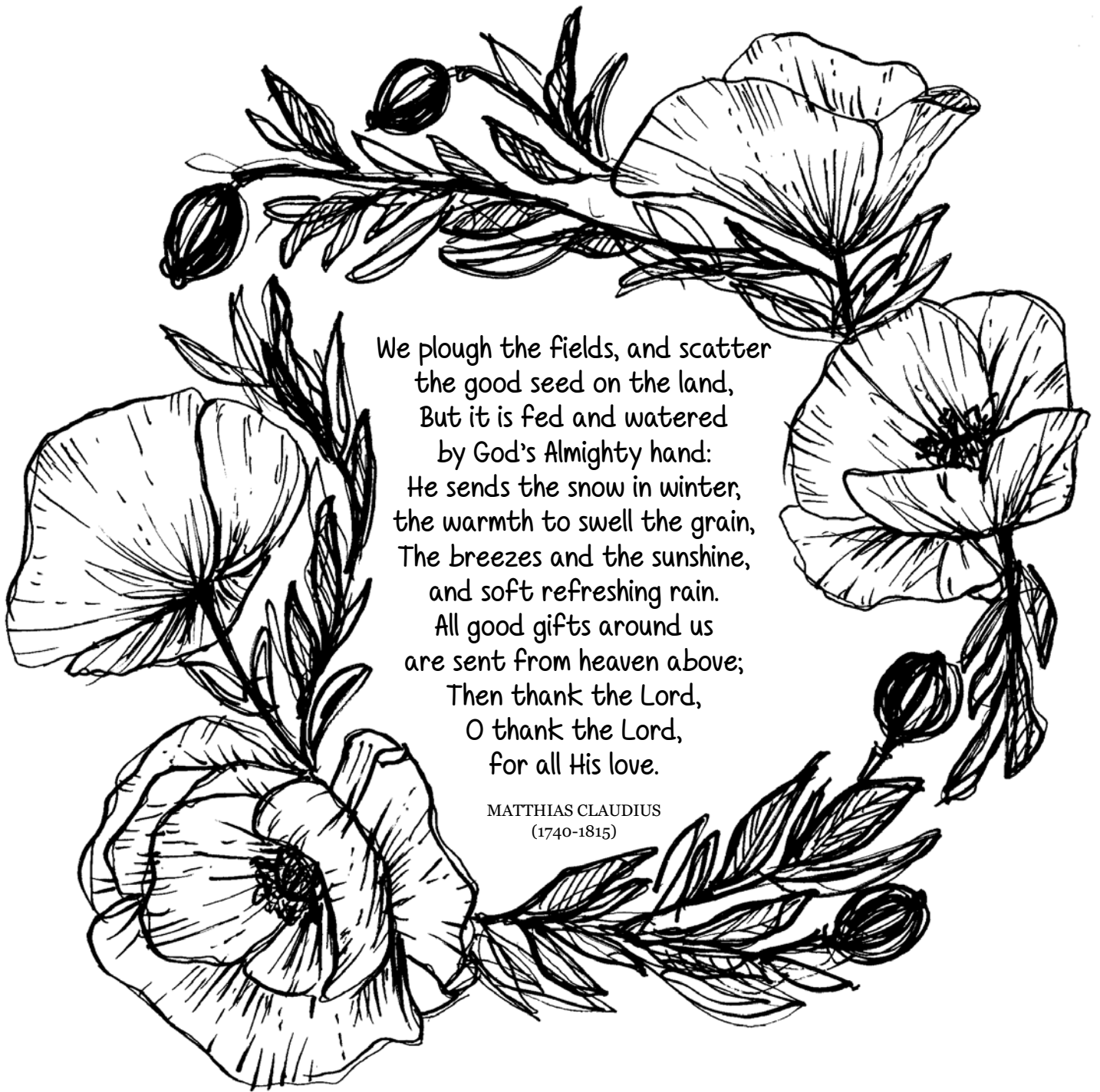
11 Daily Tasks

Friday Philippians 2:8-9

12 Daily Tasks

Saturday Isaiah 50:6-7

13 Daily Tasks



We plough the fields, and scatter
the good seed on the land,
But it is fed and watered
by God's Almighty hand:
He sends the snow in winter,
the warmth to swell the grain,
The breezes and the sunshine,
and soft refreshing rain.
All good gifts around us
are sent from heaven above;
Then thank the Lord,
O thank the Lord,
for all His love.

MATTHIAS CLAUDIUS
(1740-1815)

experience

Get to know an Earthworm.

These little creatures till and enrich the soil. They break up the soil by swallowing it, and in their gut it is ground up and calcium carbonate is added. When it is expelled, it is of a finer texture and less acid.



Get to know a Springtail.

A springtail is a tiny creature that scavenges decaying plants and animal litter, as well as moss, lichen, algae and fungi. You can sometimes see them when the snow starts to melt and flood their living space which brings them to the top of the snow. They have an organ tucked beneath their abdomen that can launch them as much as 20 times their length. Keep an eye out for them.



Get to know a Millipede.

A millipede eats plant debris, fungi, and algae. It's droppings enrich the soil. It takes a year to mature and can live several years. It grows body rings and legs as it molts. Look under old logs on the ground and see if you can find one.



If you have the space, get a compost bin going. The proper ingredients for compost are a mixture of browns (dead leaves, chopped stalks, wood chips, husks, hay, cereals, breads, etc.) and greens (fresh grass, fresh leaves, weeds, vegetable and fruit scraps). If you don't have space, you could try vermicomposting for your kitchen scraps.

Sketch some decomposers below.

Wednesday 2 Corinthians 4:16-18

17

Daily Tasks

Thursday Ephesians 2:14-15

18

Daily Tasks

Friday 1 Peter 2:21-24

19

Daily Tasks

Saturday Isaiah 53:4-5

20

Daily Tasks

The Knowledge of Self

The other element at the heart of humility is a right estimate of self, the capacity to see ourselves as God sees us. He knows us through and through. There is no place to hide. We may elude the vigilance of human eyes but who can escape His piercing view? 'All things are open and naked to him with whom we have to do'. Our brethren see us blunder, but God knows why we do it. Our nature is undone. Sometimes it is galled, jealous and bitter. Too often we are suppliants for human admiration. We respect the things which minister to our comfort and our ambition. Sometimes mean things are exalted in the cause of human advancement. We are dazzled by human glory, delighted to win human approval. The devious complexity of human nature is at the root of the perverted habits of life without God. This is how God sees us standing by ourselves: life emaciated, distorted and spiritually malformed. The point is that when we realise it we ought to be humbled.

Can any person looking at the portrait in Romans 3:9-18 be satisfied with self? It is a full-length portrait. It begins with 'There is none righteous' and ends with 'There is no fear of God before their eyes'. The first condition is explained by the second. It means there is no humility. When we realise this, we ought to be changed. Think what the change could mean: willing to be anywhere if God wants us there; willing to do anything if God wants us doing it; glad to be silent rather than speak proudly; satisfied to be forgotten if to be remembered feeds our self-esteem; glad to help others do what we might have done ourselves for our reputation's good; anxious to serve for love's sake and not minding how small it may seem; able to do important things without becoming self-important. This is the true meaning of humility...

So, measured by the meekness of Christ, humility is not the assumption of a shrinking attitude, pretending that things are not what they are. It is not a prudent calculation to be lowly. It is a love-mastered inclination to serve in small things or great, without thought to renown. Humility is unconscious meekness, too committed to worry about reputation. Of the man who humbled himself it is written: 'He took the form of the servant'. Love vaunteth not itself. Meekness is love's quality. Let this mind be in you.

—from *The Genius of Discipleship* by D. Gillett

Do we have any reasons to think that we can be our own saviours?

Why do we need to be humbled?

What is the gospel? Take some time to outline what it is.

Why do you need it?

the Gospel is...

A large rectangular frame with rounded corners, containing horizontal lines for writing. The frame is defined by a thin black border. The interior of the frame is filled with 25 horizontal lines, providing a space for text. The lines are evenly spaced and extend across the width of the frame.

February

TO DO THIS WEEK:

<input type="checkbox"/>	Prayer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Bible	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Sunday Romans 6:7-11

21

Daily Tasks

Monday 1 Peter 4:1-2

22

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Tuesday Titus 2:12-14

23

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Wednesday Proverbs 15:31-33

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Thursday 1 Corinthians 15:53-54

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