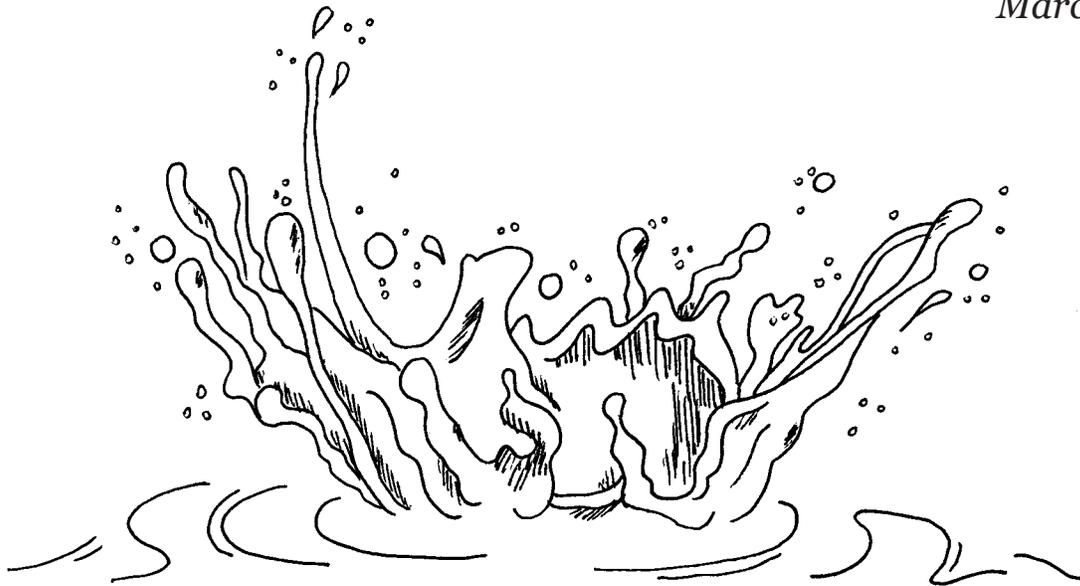


*March*

SPIRITUAL GARDENING CALENDAR



Water is an absolute necessity for all life. It is an amazing feature of Creation.

Plants need water to make the stems and leaves strong and sturdy through water pressure in its cells. When a plant does not have enough water, it wilts.

Plants need water for photosynthesis. Water travels up to a plant's leaves and combines with sunlight and carbon dioxide to form the sugar a plant needs to grow. Water also evaporates from the leaves in a process called transpiration which cools the plant. A single corn plant may transpire almost 2 L of water in a day.

Water in the spiritual garden is equated with trust and hope in God rather than man. Water is also used as a symbol of the Word which washes us clean, and quenches our thirst.

- |                       |                      |                          |
|-----------------------|----------------------|--------------------------|
| 1. Jeremiah 17:7-8    | 11. Jeremiah 2:11-13 | 21. Zechariah 14:8       |
| 2. John 4:14          | 12. Matthew 5:6      | 22. Isaiah 48:18         |
| 3. Revelation 22:1-2  | 13. Isaiah 49:10     | 23. Proverbs 11:25       |
| 4. Psalm 36:8-9       | 14. John 6:35        | 24. Jeremiah 31:12       |
| 5. Psalm 72:6-7       | 15. Proverbs 10:11   | 25. Psalm 1:3            |
| 6. Deuteronomy 32:1-2 | 16. Proverbs 18:4    | 26. Psalm 104:11-13      |
| 7. Psalm 65:9-10      | 17. Isaiah 12:3      | 27. Isaiah 55:10-11      |
| 8. Hebrews 6:7-8      | 18. Isaiah 44:3      | 28. Ezekiel 34:26        |
| 9. Psalm 63:1-2       | 19. Isaiah 58:11     | 29. Malachi 3:10         |
| 10. Psalm 143:5-6     | 20. Ezekiel 47:12    | 30. Deuteronomy 11:10-12 |
|                       |                      | 31. Isaiah 66:12         |

# Water

# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

*Send a note to someone (special anniversaries, someone I am praying for, someone I am thinking of):*

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# the Fountain

When the poor and needy seek water, and there is none, and their tongue faileth for thirst, I the LORD will hear them, I the God of Israel will not forsake them.

I will open rivers in high places, and fountains in the midst of the valleys: I will make the wilderness as a pool of water, and the dry land springs of water.

I will plant in the wilderness the cedar, the shittah tree, and the myrtle, and the oil tree; I will set in the desert the fir tree, and the pine, and the box tree together: that they may see, and know, and consider, and understand together, that the hand of the LORD hath done this, and the Holy One of Israel hath created it.

(Isaiah 41:17-20 KJV)

praise

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give thanks

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recognize sin

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ask for help

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# February/March

TO DO THIS WEEK:

<input type="checkbox"/>	Prayer	<input type="checkbox"/>							
<input type="checkbox"/>	Bible	<input type="checkbox"/>							
<input type="checkbox"/>	Exercise	<input type="checkbox"/>							
<input type="checkbox"/>		<input type="checkbox"/>							
<input type="checkbox"/>		<input type="checkbox"/>							
<input type="checkbox"/>									

**Sunday** Revelation 21:4-5

28

Daily Tasks

**Monday** Jeremiah 17:7-8

1

Daily Tasks

**Tuesday** John 4:14

2

Daily Tasks

**Wednesday** Revelation 22:1-2

**3** Daily Tasks

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**Thursday** Psalm 36:8-9

**4** Daily Tasks

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**Friday** Psalm 72:6-7

**5** Daily Tasks

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**Saturday** Deuteronomy 32:1-2

**6** Daily Tasks

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# trust

*Hebrew "batach": to hie for refuge, be confident or sure*

*"In God have I put my trust:  
I will not be afraid what man can do unto me."  
(Psalms 56:11 KJV)*

**Take some time to ponder these facts  
and how they may relate to faith in our spiritual life.**



Water continually evaporates, condenses, and precipitates. This is called the water cycle and on a global basis, evaporation approximately equals precipitation.



Plants do not have a skeleton to give them structure, instead if the plant receives enough water, the pressure keeps the cell walls rigid which gives a plant its strength.



Water dissolves more substances than any other liquid. Soil nutrients are taken up by the roots in a water solution and through capillary action carried throughout the plant. And sugars produced by photosynthesis are transported back down in a water solution to where they are needed.



Water softens soil and makes weeds easier to pull.



Water and sunlight together in the sky make a rainbow.



Every minute, 1 billion tons of rain falls on the earth.



Illness in the developing world in 80% of cases is related to dirty water.



Other facts:

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# meditation

A page with a decorative border and horizontal lines for writing. The word "meditation" is centered at the top. The page is otherwise blank, with 20 horizontal lines for notes.



**Wednesday** Psalm 143:5-6

**10** Daily Tasks

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**Thursday** Jeremiah 2:11-13

**11** Daily Tasks

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**Friday** Matthew 5:6

**12** Daily Tasks

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**Saturday** Isaiah 49:10

**13** Daily Tasks

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I steal by lawns and grassy plots,  
I slide by hazel covers;  
I move the sweet forget-me-nots  
That grow for happy lovers.  
I slip, I slide, I gloom, I glance,  
Among my skimming swallows;  
I make the netted sunbeam dance  
Against my sandy shallows.  
I murmur under moon and stars  
In brambly wildernesses;  
I linger by my shingly bars;  
I loiter round my cresses;  
And out again I curve and flow  
To join the brimming river,  
For men may come and men may go,  
But I go on for ever.

ALFRED TENNYSON  
(1809-1893)



# experience

Earth is a very watery place: 71% of its surface is covered by water. The oceans contain about 96.5% of all of earth's water; ice caps, glaciers, permanent snow accounts for 1.74%; ground water is around 1.7%; and the rest is soil moisture, lakes, rivers, and what is in the atmosphere.



If it is still cold and snowy outside, bring some snow inside and melt it. Is the resulting water clean? Have a close look at snowflakes if it is snowing, or google "snowflakes" and marvel at the intricacy.



Unlike most other solids, water expands when it freezes. Freezing happens when the molecules of a liquid which are usually in constant motion, get so cold they slow down and stick together. When water freezes the molecules form a lattice which allows them to be more spread out than in a liquid and therefore less dense so that ice will float. Make a nature ice wreath by freezing water and nature items like berries and leaves in a bundt pan. Tie it up in a tree and see how long it takes to melt.



Plants give off water from their leaves. You can see this if you tape a plastic bag around a leaf of a houseplant, or one outside if you have something growing this time of year. Water it well, and check on it during the day. You will see condensation form on the inside of the bag as the plant transpires.

*Sketch some of your observations here.*



**Wednesday** Isaiah 12:3

17

Daily Tasks

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**Thursday** Isaiah 44:3

18

Daily Tasks

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**Friday** Isaiah 58:11

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Daily Tasks

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**Saturday** Ezekiel 47:12

20

Daily Tasks

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# The True Value of Prayer

Prayer has been defined as the raising of the heart and mind to God; the soul's sincere desire, uttered or unexpressed; communion with heaven. It includes worship and praise; it provides for petition and entreaty. Disciples may ask and hope to receive; they knock and the door is opened. But it goes even further than this. As prayer stands in opposition to fainting, it stands also for the opposite of all things which fainting represents.

By this method we may discern the real subjective value of prayer. If fainting means the dimming of the vision, then prayer is seeing the distant boundary in bright clearness, horizoned by faith. If fainting means to feel life ebbing away, then prayer is to be conscious of life becoming full and free and faithful. If fainting is weakness, then prayer is strength. If fainting is to be weary and without vigour, then prayer is confidence and inspiration. Measured by Isaiah, prayer is mounting up with eagle wings; it is running and not being weary; it is walking and not fainting. Instead of disappointment, joy; instead of fear, tranquility; instead of anxiety, peace...

Another way in which the subjective value of prayer is produced is through discipline. To some extent, how we pray affects how we live. It is not that easy to pray one way, then blatantly to live in another. In some cases the embarrassment is relieved by ceasing to pray, but more often the sincere disciple endeavours to live more nearly as he prays. To some extent the prayers we pray fix a pattern to which we strive to conform. In this way praying is a form of discipline. For example, if you ask God to help you to understand His Word better, you are compelled, in all honesty, to read and study it... If you ask God to bless the needy and comfort those who are lonely and isolated, you are compelled to take some action, where you can... If you ask God to bless and strengthen the ecclesia you are compelled to do your best to support it in every way - by your regular presence, your service, and your gifts.

—from *The Genius of Discipleship* by D. Gillett

Is water a good analogy for prayer? Why or why not?

What do you do (should you do) to make sure your garden gets watered regularly?

Make a list of things you should pray about and how it should influence your actions.





**Wednesday** Jeremiah 31:12

24 Daily Tasks

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**Thursday** Psalm 1:3

25 Daily Tasks

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**Friday** Psalm 104:11-13

26 Daily Tasks

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**Saturday** Isaiah 55:10-11

27 Daily Tasks

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