

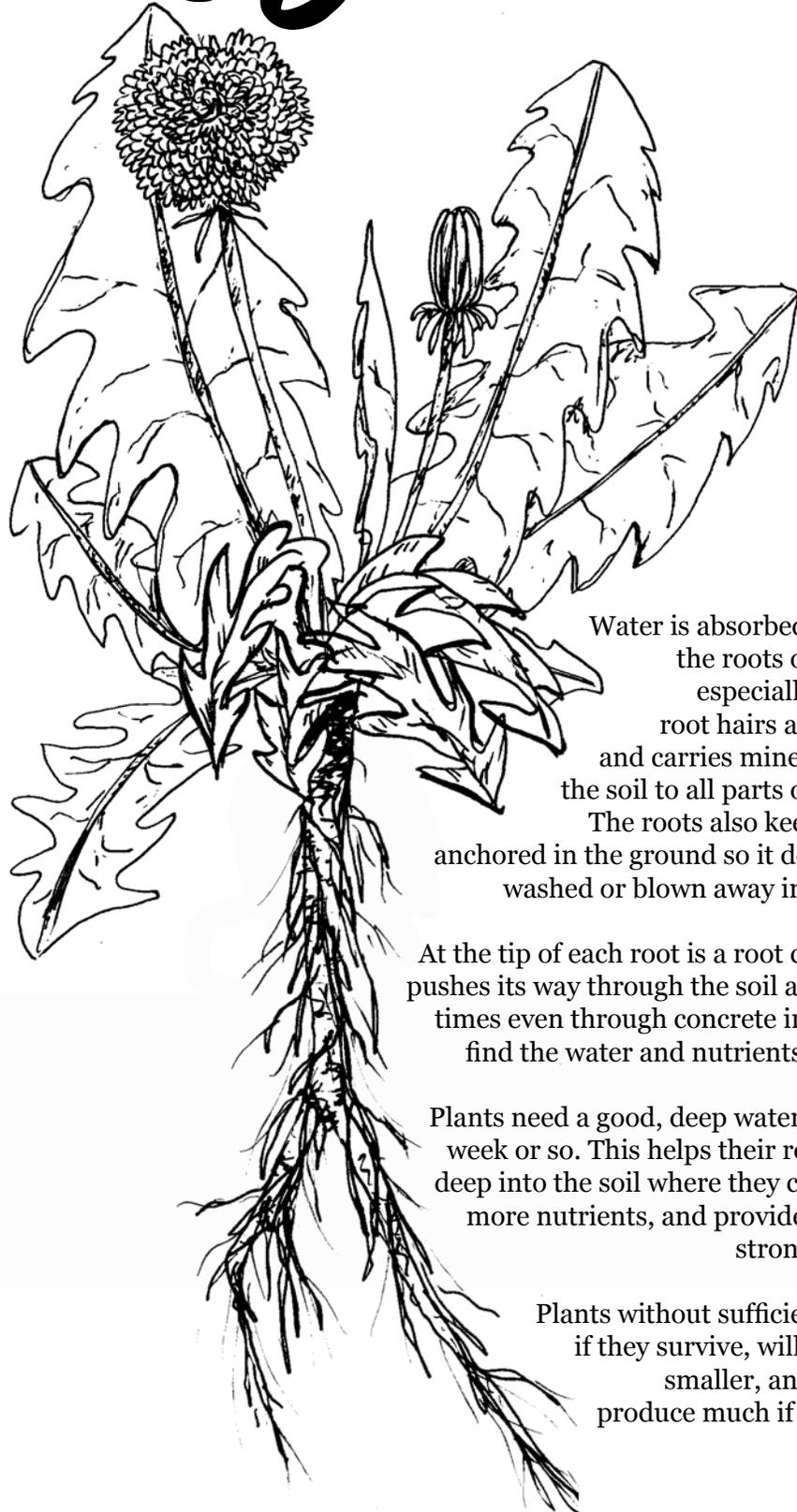
July 2021

Weekly Planner and Meditations  
on Spiritual Gardening

grow

# Roots

1. Psalm 119:81-83
2. Psalm 119:84-86
3. Psalm 119:87-88
4. Psalm 119:89-91
5. Psalm 119:92-94
6. Psalm 119:95-96
7. Psalm 119:97-99
8. Psalm 119:100-102
9. Psalm 119:103-104
10. Psalm 119:105-107
11. Psalm 119:108-110
12. Psalm 119:111-112
13. Psalm 119:113-115
14. Psalm 119:116-118
15. Psalm 119:119-120
16. Psalm 119:121-123
17. Psalm 119:124-126
18. Psalm 119:127-128
19. Psalm 119:129-131
20. Psalm 119:132-134
21. Psalm 119:135-136
22. Psalm 119:137-139
23. Psalm 119:140-142
24. Psalm 119:143-144
25. Psalm 119:145-148
26. Psalm 119:149-152
27. Psalm 119:153-156
28. Psalm 119:157-160
29. Psalm 119:161-164
30. Psalm 119:165-168
31. Psalm 119:169-176



Water is absorbed through the roots of a plant, especially the fine root hairs at the tips, and carries minerals from the soil to all parts of a plant. The roots also keep a plant anchored in the ground so it doesn't get washed or blown away in a storm.

At the tip of each root is a root cap which pushes its way through the soil and sometimes even through concrete in order to find the water and nutrients it needs.

Plants need a good, deep watering every week or so. This helps their roots grow deep into the soil where they can access more nutrients, and provides a good, strong anchor.

Plants without sufficient water, if they survive, will be much smaller, and will not produce much if any fruit.

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

*Send a note to someone (special anniversaries, someone I am praying for, someone I am thinking of):*

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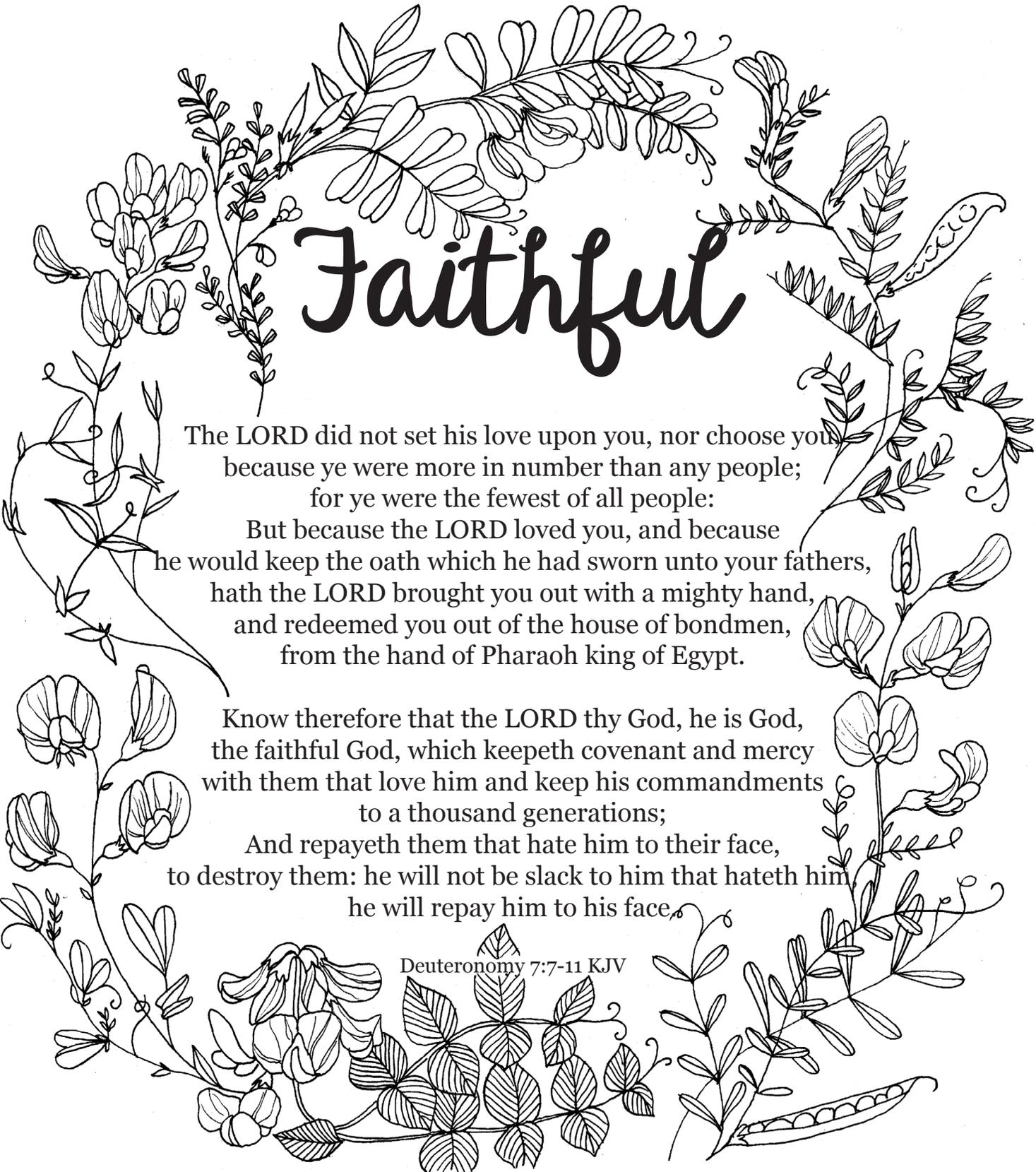
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# Faithful

The LORD did not set his love upon you, nor choose you  
because ye were more in number than any people;  
for ye were the fewest of all people:

But because the LORD loved you, and because  
he would keep the oath which he had sworn unto your fathers,  
hath the LORD brought you out with a mighty hand,  
and redeemed you out of the house of bondmen,  
from the hand of Pharaoh king of Egypt.

Know therefore that the LORD thy God, he is God,  
the faithful God, which keepeth covenant and mercy  
with them that love him and keep his commandments  
to a thousand generations;

And repayeth them that hate him to their face,  
to destroy them: he will not be slack to him that hateth him;  
he will repay him to his face.

Deuteronomy 7:7-11 KJV

How can I praise God for His faithfulness?  
In what ways has God been faithful to me that I want to thank Him for?  
In what ways have I failed to act like Him and be faithful in my life?  
In what ways do I need His help to be faithful in my life?

**Write this out as a prayer and pray it several times this month.**

praise

give thanks

recognize sin

ask for help





# stand fast

*Greek “steko”: to be stationary, to persevere*

*Watch ye, stand fast in the faith, quit you like men, be strong.*  
(1 Corinthians 16:13 KJV)

**Take some time to ponder these facts  
and how they may relate to our spiritual life.**



For most plants, as much growth happens below the surface of the soil (what you can't see) as happens above the soil (what you can see).



Roots absorb the majority of water a few millimetres behind the growing tip, and the older roots act as pipes to transfer water.



Water is drawn up through the roots by transpiration and the strong capillary action in stems and leaves.



The root system makes it possible for a plant to grow therefore root growth is prioritized.



Roots grow through the whole life of the plant, growing fatter and growing longer from the tip where the root cap pushes through dirt.



Roots are where a plant stores up starches. These can be used up in growth or create tubers like with potatoes.



Roots provide a strong anchor for a plant which keeps it from getting blown away or washed out by water.



Roots can be in the form of a tap root (one very big root) allowing it to go deep to reach water, or fibrous with many roots going in all directions allowing it to go wide to reach surface water.

# meditation

A page for taking notes on meditation. The page features a decorative border with rounded corners and a series of horizontal lines for writing. The word "meditation" is centered at the top of the page.

# July

TO DO THIS WEEK:

<input type="checkbox"/>	Prayer	<input type="checkbox"/>							
<input type="checkbox"/>	Bible	<input type="checkbox"/>							
<input type="checkbox"/>	Exercise	<input type="checkbox"/>							
<input type="checkbox"/>		<input type="checkbox"/>							
<input type="checkbox"/>		<input type="checkbox"/>							
<input type="checkbox"/>									

**Sunday** Psalm 119:89-91

**4** Daily Tasks

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**Monday** Psalm 119:92-94

**5** Daily Tasks

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**Tuesday** Psalm 119:95-96

**6** Daily Tasks

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**Wednesday** Psalm 119:97-99

**7** Daily Tasks

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**Thursday** Psalm 119:100-102

**8** Daily Tasks

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**Friday** Psalm 119:103-104

**9** Daily Tasks

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**Saturday** Psalm 119:105-107

**10** Daily Tasks

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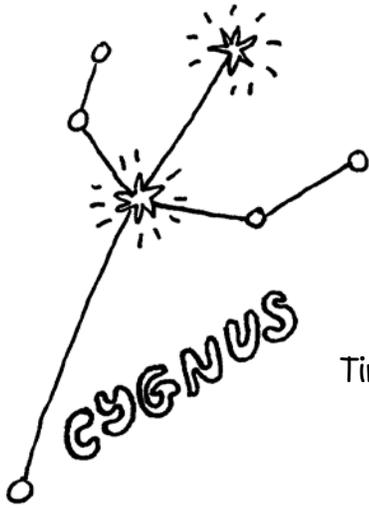
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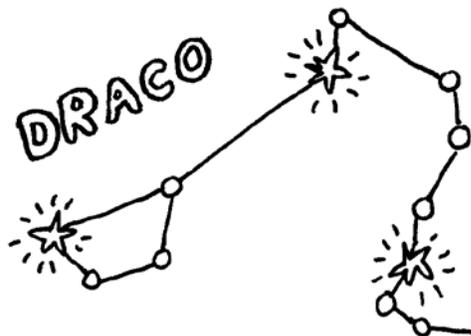
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CYGNUS



DRACO

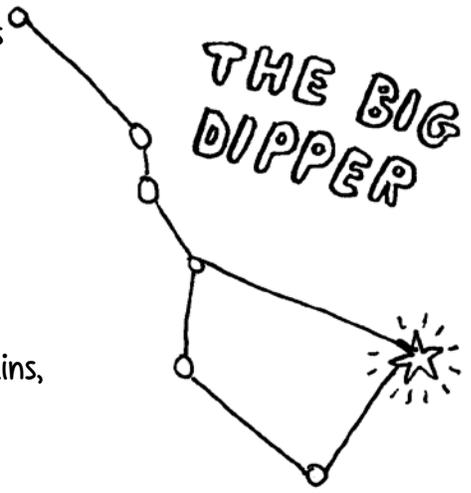


TRIANGULUM

Times change and men change with them,  
For still the New allures,  
Their purpose falters ever,  
No plan of theirs endures;  
Strange gods demand their worship,  
Strange creeds that come and go.  
Men's thoughts and men's opinions  
Are tides that ebb and flow.

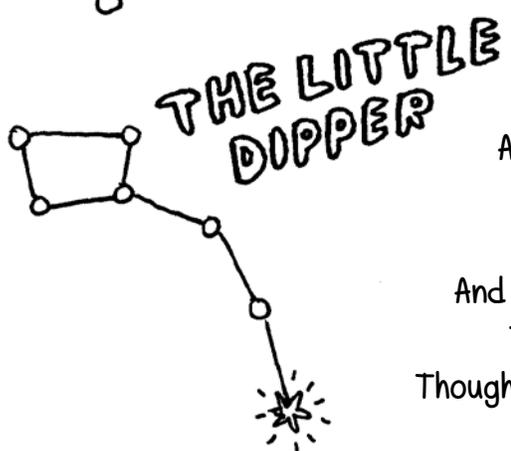


CEPHEUS



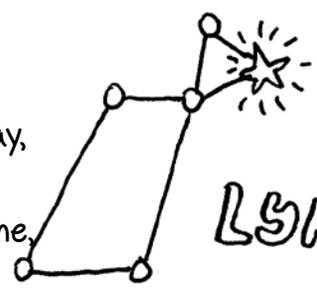
THE BIG  
DIPPER

On ever-shifting currents  
Their minds drift to and fro,  
Their wavering wills are shaken  
By all the winds that blow;  
But steadfast as the mountains,  
And surer than the sea,  
And fixed as are the heavens,  
God is and God shall be.



THE LITTLE  
DIPPER

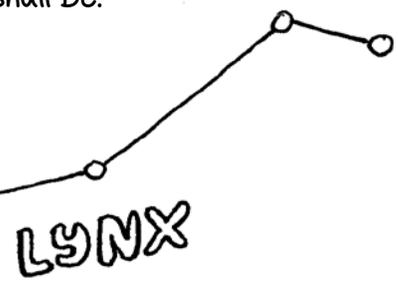
And though the little hills shall melt,  
The mighty mountains move,  
Though earth and heaven shall pass away,  
And suns unstable prove,  
Though faithless stars shall cease to shine,  
And there is no more sea,  
Still changeless as the changeless God,  
The Word of God shall be.



LYRA



CASSIOPEA



LYNX

ANNIE FLINT  
(1866-1932)

# experience

Although there are some plants, like mosses, that do not have a root system, most plants need roots to survive. The root system provides a plant with the water and dissolved minerals needed to grow.



**Taproot System:** One long, thick main root that grows downwards, although smaller branch roots grow out to the sides. This root remains throughout the life of the plant. This deep root makes it very drought tolerant and provides a strong anchor. Some desert plants can send roots down 75 feet. This thick root also stores food reserves which makes a plant resilient.



**Fibrous Root System:** A mass of roots of similar size that grow close to the surface. Plants with this kind of root system can absorb water and minerals over a larger surface area and more quickly. The roots tend to stay closer to the surface of the soil and therefore help to prevent erosion.



What examples of each root system can you find? *Sketch some of your finds below.*





# “Evidence of things not seen”

Ponder the words of Hebrews 11. Abel offered, Enoch walked, Noah was moved with godly fear; Abraham went out; Moses endured. The writer has heard it explained as all a matter of simple faith. Rightly understood that is true, but the inference is that because the faith is simple, it is therefore easy. Whoever says it is easy has misunderstood it. It was not easy for Noah to build a big liner in the middle of dry land. It was not easy for Abraham to leave a settled life and face the wilderness in search of a land he had never seen and which he did not know. It was not easy for Moses to surrender a prince's life to take his place with those in bondage. It is not for nothing that Paul urges us to fight the good fight of *faith*.

Disciples may be glad to fight, but it is not easy. It takes grit and force and trust. Trying and trusting are complementary. Trust is the optimism of faith. To all human seeming the optimism is unwarranted, but to the man of faith it is a perfect certainty. Trust is what the writer to the Hebrews meant by the evidence of things not seen. Trust has the effect of proving the invisible. It makes us put confidence in the declaration and venture trustingly upon the suggestiveness of the promise. The result is an assurance of things hoped for. Trust is a risk, a venture, an adventure. It has in it an element of inspiration. It is not blind, blundering chance. Faith, after all, is not ignorant assumption — the right name for that is superstition. Faith is intelligent trust.

Why was Abraham so sure of the unknown land? Because he was utterly sure of the unseen God. John in Patmos had a vision of a city. It is more beautiful and wonderful than any other. As we believe in it and trust in it we know in our deepest heart that we are brought into fellowship with the future. Trust in the things not seen gives us assurance of things hoped for. Our trust is not in pundits, parliaments or policies, else we should be of all men most pitiable. Nor should our trust be circumstantial, at the mercy of every passing change. It should venture as strongly in December as it does in June. Trust in the things which cannot be shaken should bring constancy in the midst of the changing scenes of life. Through the contradictions, the adversity, the apparent denials, God bids us trust. We do not always know the reason for our disturbance but we know the disturber. We can trust Him.

—from *The Genius of Discipleship* by D. Gillett

How is faith like a root?

How does hearing the word of God build faith?

What experiences in your life have shown you that God is faithful and you can trust Him?

His faithfulness...

A large rectangular frame with rounded corners, containing horizontal lines for writing. The frame is defined by a thin black border. The interior of the frame is filled with 25 horizontal lines, providing a space for text. The lines are evenly spaced and extend across the width of the frame.



**Wednesday** Psalm 119:135-136

21 Daily Tasks

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**Thursday** Psalm 119:137-139

22 Daily Tasks

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**Friday** Psalm 119:140-142

23 Daily Tasks

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**Saturday** Psalm 119:143-144

24 Daily Tasks

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# His promises...

Faith in God is believing that He is just and good, and that He will keep the promises that He has made. Write out some of these promises so you can trust in them.

His goodness: Psalm 100:5

He is with us: Psalm 23:5

He will provide: Romans 8:32

He will give wisdom: James 1:5

He will give eternal life: John 3:16

He will work all things for good: Romans 8:28

# His promises...

A large rectangular box with a decorative border and horizontal lines for writing. The box is empty and occupies most of the page below the title.



**Wednesday** Psalm 119:157-160

28 Daily Tasks

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**Thursday** Psalm 119:161-164

29 Daily Tasks

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**Friday** Psalm 119:165-168

30 Daily Tasks

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**Saturday** Psalm 119:169-176

31 Daily Tasks

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