

I will...

keep

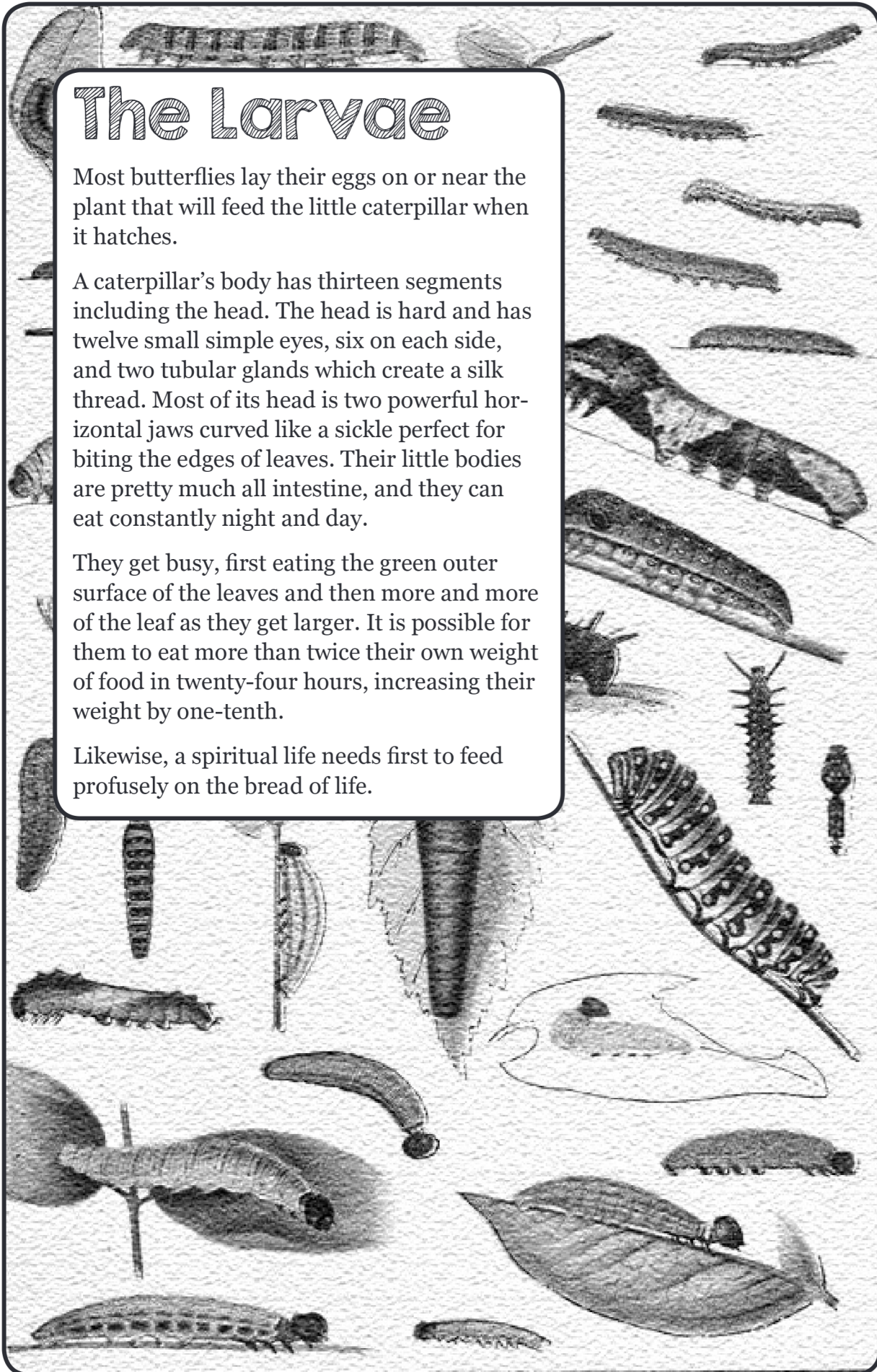
The Larvae

Most butterflies lay their eggs on or near the plant that will feed the little caterpillar when it hatches.

A caterpillar's body has thirteen segments including the head. The head is hard and has twelve small simple eyes, six on each side, and two tubular glands which create a silk thread. Most of its head is two powerful horizontal jaws curved like a sickle perfect for biting the edges of leaves. Their little bodies are pretty much all intestine, and they can eat constantly night and day.

They get busy, first eating the green outer surface of the leaves and then more and more of the leaf as they get larger. It is possible for them to eat more than twice their own weight of food in twenty-four hours, increasing their weight by one-tenth.

Likewise, a spiritual life needs first to feed profusely on the bread of life.



Week 5

Write out Deuteronomy 4:39-40.

What does this scripture say about God and you?

What does it tell you about keeping?

What can you do to put this into practice this week?

I will... _____

What does it mean to keep?

Find a definition for “keep” in an English dictionary.



Look up the verse from this week in a concordance or Bible Study program and find out what the original Hebrew word is that it is translated from.

What is the word and what does it mean?

What do you think the opposite of keeping is?

How do you think “keeping” might be different than “obeying”?

“To ‘fear God and keep his commandments’, is ‘the whole duty of man’, and in that idea we have the foundation of all morality and all good. It is so simple that it seems almost an insult to human intelligence to labour the point, yet it has been so much neglected that even advocates of Christianity have followed secularists in trying to find another foundation for a more limited moral code, and the only other basis they can find is human fashion. If we desired to prepare to meet our fellowman, human fashion would be the best guide, but if we desire to prepare for that far higher society which will only admit those who are made partakers of the divine nature, our foundation must be the law of God. —Islip Collyer (Conviction and Conduct)



Week 7

Write out John 15:9-10.

What does this scripture say about God and you?

What does it tell you about keeping?

What can you do to put this into practice this week?

I will... _____

Week 8

Write out 1 John 5:2-3.

What does this scripture say about God and you?

What does it tell you about keeping?

What can you do to put this into practice this week?

I will...

Read through this Psalm several times this week. Find a version of it put to music if you can and listen to it, or find an audio version of it and listen to it. Take some coloured pencils and mark it up.

Psalm 145

David's Psalm of praise.

I will extol thee, my God, O king;
and I will bless thy name for ever and ever. Every day will
I bless thee; and I will praise thy name for ever and ever.
Great is the LORD, and greatly to be praised;
and his greatness is unsearchable.

One generation shall praise thy works to another,
and shall declare thy mighty acts. I will speak of the
glorious honour of thy majesty, and of thy wondrous works.
And men shall speak of the might of thy terrible acts: and
I will declare thy greatness. They shall abundantly utter
the memory of thy great goodness, and shall sing of thy
righteousness.

The LORD is gracious, and full of compassion;
slow to anger, and of great mercy. The LORD is good to all:
and his tender mercies are over all his works.

All thy works shall praise thee, O LORD; and thy saints shall
bless thee. They shall speak of the glory of thy kingdom,
and talk of thy power; To make known to the sons of men
his mighty acts, and the glorious majesty of his kingdom.
Thy kingdom is an everlasting kingdom, and thy dominion
endureth throughout all generations.

The LORD upholdeth all that fall, and raiseth up
all those that be bowed down. The eyes of all wait upon thee;
and thou givest them their meat in due season. Thou openest
thine hand, and satisfiest the desire of every living thing.

The LORD is righteous in all his ways, and holy in all his
works. The LORD is nigh unto all them that call upon him,
to all that call upon him in truth. He will fulfil the desire of
them that fear him: he also will hear their cry, and will save
them. The LORD preserveth all them that love him:
but all the wicked will he destroy.

My mouth shall speak the praise of the LORD:
and let all flesh bless his holy name for ever and ever.