

I will...

PRAISE





Growth

Many species spend 15-30 days as a caterpillar. All of that time is spent eating, eating, eating...

With all that eating, caterpillars grow and become too big for their outer skins. A new skin forms beneath the old one and the outer skin splits open and a bigger, fatter caterpillar wriggles out.

The period between each moult is called an instar. Most caterpillars have between 3-5 instars. Each time they shed their skin, they look a little bit different in appearance, but fundamentally they are still the same.

Attached to each of the second, third, and fourth segments is a pair of legs with a hook used for walking. The fifth and sixth, eleventh and twelfth segments have no legs at all. The other segments usually have claspers which are not real legs but a fleshy part that has a circle of little hooks so that it can fix itself in place and concentrate on eating.

This stage is vitally important to the success of the butterfly. It cannot be rushed through. And the same is true in a spiritual life. Although learning will take place throughout one's life, there is a great need at the beginning for almost constant consumption.

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

Send a note to someone (special anniversaries, someone I am praying for, someone I am thinking of):

Wednesday Isaiah 12:1-2

2 Daily Tasks

Thursday Psalm 139:14

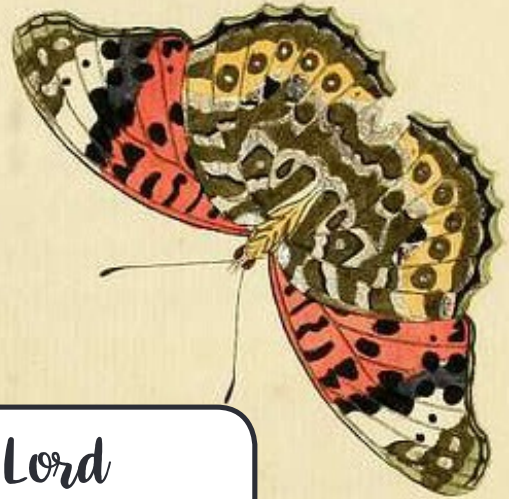
3 Daily Tasks

Friday Psalm 111:1-3

4 Daily Tasks

Saturday Luke 2:20

5 Daily Tasks



Sing Praise to the Lord

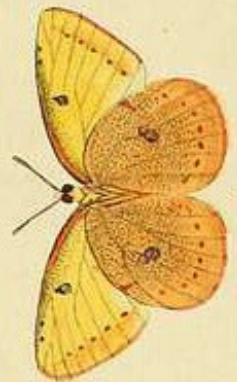
Sing praise to the Lord! Praise Him in the height;
Rejoice in His Word, you angels of light.
You heavens, adore Him by Whom you were made,
And worship before Him in brightness arrayed.

Sing praise to the Lord! Praise Him on the earth
In tuneful accord, you saints of new birth.
Praise Him Who has brought you His grace from above;
Praise Him Who has taught you to sing of His love.

Sing praise to the Lord! All things that give sound,
Each jubilant chord, re-echo around.
Loud organs, His glory tell forth in deep tone,
And trumpets, the story of what He has done.

Sing praise to the Lord! Thanksgiving and song
To Him be out-poured all ages along!
For love in creation, for Heaven restored,
For grace of salvation, sing praise to the Lord!

Henry Williams Baker (1821-1877)



Wednesday Psalm 50:23

9

Daily Tasks

Thursday Luke 18:42-43

10

Daily Tasks

Friday Psalm 28:7

11

Daily Tasks

Saturday Psalm 148:11-13

12

Daily Tasks

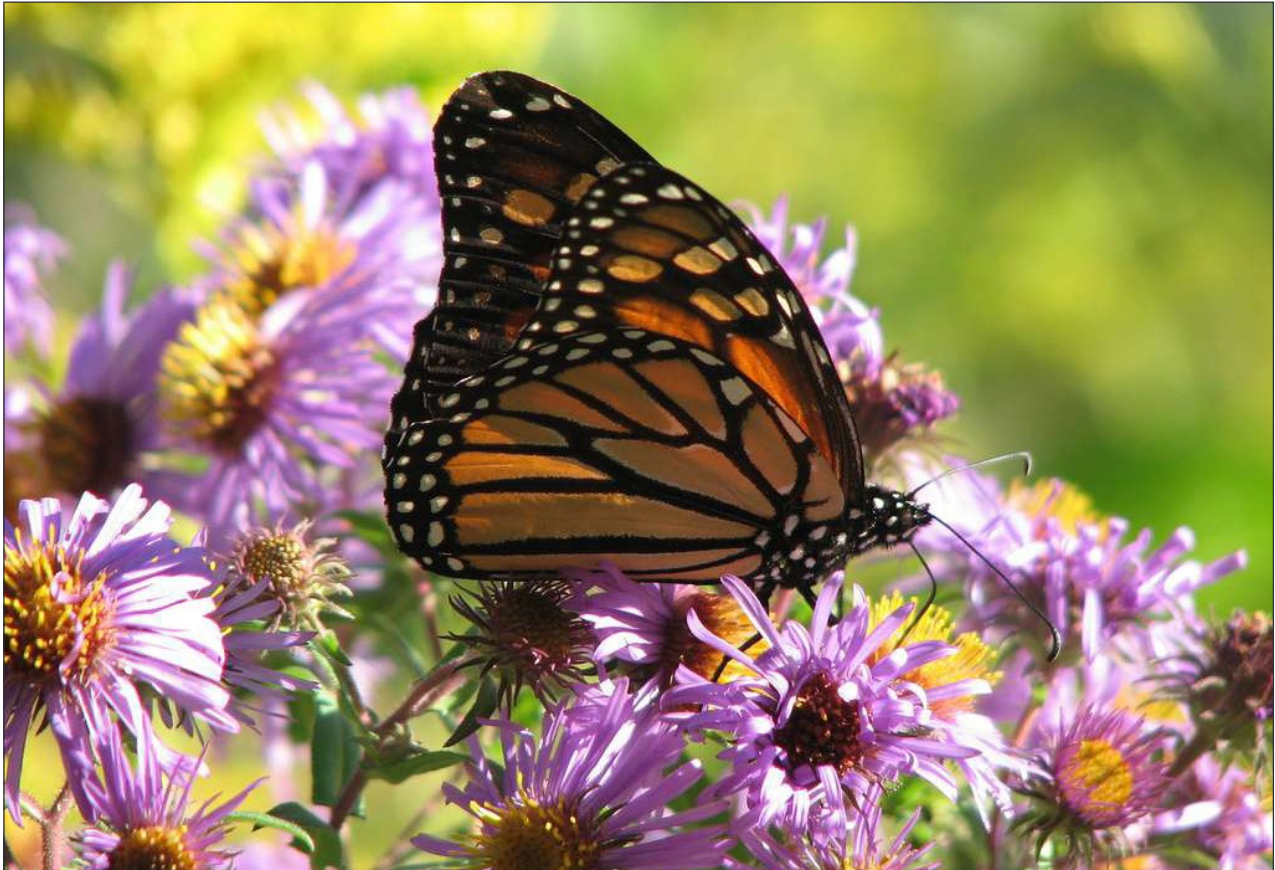
Get to know a butterfly

The Monarch

Family: *Nymphalidae*

Sub-Family: *Danainae*

Latin name: *Danaus plexippus*



The Monarch is probably one of the most well-known butterflies in North America. They come from the south in the spring and lay a tiny cream coloured egg one at a time on the underside of milkweed leaves. In a few days a little black and white caterpillar eats its way out of the egg and begins to munch on the leaf.

The caterpillar eats constantly and goes through five instars, developing the characteristic white, yellow, and black bands in the second. When it has reached the point where it can eat no more, around 11 to 18 days later, it hangs upside down and sheds its skin one last time. The chrysalis beneath is a beautiful green with gold markings that gradually becomes translucent over two weeks so that the colours of the butterfly inside can be seen. Then the chrysalis bursts and the butterfly emerges, its wings expand, and eventually it will fly away.

The summer butterflies live from 2-5 weeks, but those that emerge late in the year begin a journey of up to 3000 miles south to hang out in great flocks in the trees of California and Mexico until winter is over.

Wednesday Psalm 104:33-34

16 Daily Tasks

Thursday Psalm 138:1-2

17 Daily Tasks

Friday Isaiah 25:1

18 Daily Tasks

Saturday 2 Chronicles 20:21-22

19 Daily Tasks

Psalm 145

- (1) *David's Psalm of praise.* I will extol thee, my God, O king; and I will bless thy name for ever and ever.
- (2) Every day will I bless thee; and I will praise thy name for ever and ever.
- (3) Great is the LORD, and greatly to be praised; and his greatness is unsearchable.
- (4) One generation shall praise thy works to another, and shall declare thy mighty acts.
- (5) I will speak of the glorious honour of thy majesty, and of thy wondrous works.
- (6) And men shall speak of the might of thy terrible acts: and I will declare thy greatness.
- (7) They shall abundantly utter the memory of thy great goodness, and shall sing of thy righteousness.
- (8) The LORD is gracious, and full of compassion; slow to anger, and of great mercy.
- (9) The LORD is good to all: and his tender mercies are over all his works.
- (10) All thy works shall praise thee, O LORD; and thy saints shall bless thee.
- (11) They shall speak of the glory of thy kingdom, and talk of thy power;
- (12) To make known to the sons of men his mighty acts, and the glorious majesty of his kingdom.
- (13) Thy kingdom is an everlasting kingdom, and thy dominion endureth throughout all generations.
- (14) The LORD upholdeth all that fall, and raiseth up all those that be bowed down.
- (15) The eyes of all wait upon thee; and thou givest them their meat in due season.
- (16) Thou openest thine hand, and satisfiest the desire of every living thing.
- (17) The LORD is righteous in all his ways, and holy in all his works.
- (18) The LORD is nigh unto all them that call upon him, to all that call upon him in truth.
- (19) He will fulfil the desire of them that fear him: he also will hear their cry, and will save them.
- (20) The LORD preserveth all them that love him: but all the wicked will he destroy.
- (21) My mouth shall speak the praise of the LORD: and let all flesh bless his holy name for ever and ever.

Wednesday Daniel 2:23

23 Daily Tasks

Thursday Psalm 69:34-36

24 Daily Tasks

Friday Psalm 48:1-2

25 Daily Tasks

Saturday Hebrews 13:15-16

26 Daily Tasks
